

FUEL FOR LIFE



Lacrosse Clinics at Bay Club Marin

Lacrosse is one of the fastest growing and most exciting youth sports around! It's fast paced nonstop action has boys and girls of all ages discovering the sport and realizing how fun and exciting it is.

Bay Club Marin Athletics is proud to present our series of Lacrosse clinics titled “*Bay Club LAX*” led by Matt Wagner, Bay Club’s exclusive Lacrosse Instructor. Matt has proven to be one of the most successful and popular LAX coaches in the area and he brings his skill and expertise to you at Bay Club Marin! Matt has worked with kids of all ages and skill levels and the sessions will focus on:

- The fundamentals of throwing and catching using proper stick skills
- Shooting and scoring techniques
- Proper dodging techniques for all positions (attack, midfield, defense)
- Lacrosse team concepts and strategies
- Personalized attention in a fun supportive environment

Due to space limitations, groups will be limited in number

Dates: Tuesday/Wednesday (Dec 9 – Jan 28 (no class 1/30, 31) 8 weeks)
4:00pm - 5:00pm & 5:00 – 6:00pm

By special request we can set up semi-private trainings at different times during the week

Private Lessons also available—Contact Athletics Department for More Information

Ages: 8+ (Boys/Girls-small groups will ensure personalized age appropriate instruction)

Location: Bay Club Gymnasium

Cost: Members - \$160 for 8-week series or \$25 drop-in (RVLAX Receive Member Rate!)
Non-Member - \$200 8-weeks \$30 drop-in

Contact: Desone Parker, Athletic Director 945-3052 or athletics@bayclubmarin.com

Coaches Bio:

Matty Wagner will be the exclusive Lacrosse Instructor for Bay Club Marin! Matt is a born and raised in San Anselmo. He led the Saint Ignatius Wildcats to their first state championship in 1999 as Tournament MVP. He repeated as State Champion in 2000 before heading down to UC Santa Barbara where the team progressed from a top 20 ranking to their ultimate 2004 National Championship in his senior year. After college he immediately began coaching at The Branson School in Ross, creating a JV team and garnering Varsity Coach of the Year for California in 2006. In 2007 he was named Coach of the Year at Branson amidst the success of their two Basketball teams winning State Championships. He has coached in Japan, California, Idaho and in Italy while studying abroad. Matty is currently starting a Youth Lacrosse Program in Terra Linda.